PROTEIN SUPPLEMENTATION

Jim Sprinkle¹

INTRODUCTION

Arizona can be characterized as having a bimodal (occurring twice a year) pattern of forage production which accompanies the seasonal summer monsoons and winter rains or snows. Forage quantity and quality decrease during the winter dormant season and the "summer slump" preceding summer rains (Figure 1). However, forage quality during any given month can be quite variable, depending upon the timing, frequency, and amount of moisture. This is illustrated in Table 1.

DETERMINING WHEN TO SUPPLEMENT PROTEIN

Generally speaking, crude protein content required in the forage to meet the requirements of rumen microbes that digest fiber is around 7%. When crude protein in forage is below 6.25%, forage intake for the nonlactating cow drops sharply (Figure 2).

Providing supplemental protein when crude protein is less than 6.25% can increase forage intake and sometimes forage digestibility, reduce weight loss before calving, and ultimately increase conception rate and profitability.

If the Total Digestible Nutrients (TDN) of forage is around 52 to 55%, forage intake required to maintain a nonlactating cow is around 1.8 to 2.1% of body weight or around 18 to 20 lbs. This is true if protein requirements are being met by the forage or by feeding supplemental protein. If protein is deficient in the diet, severe weight loss can occur since the cow must break down body tissue to supply the necessary protein. It takes 6.7 lbs. of lean tissue to supply 1 lb. of protein (Berg and Butterfield, 1976). Conversely, if the diet is deficient in energy (TDN), this only requires 1 lb. of body weight loss for each 1 lb. of TDN (NRC, 1989).

As shown in Figure 2, when forage fails to meet protein requirements of the microbes in the rumen, intake decreases. This is because microbe numbers and (or) microbe activity decrease, reducing forage digestibility and increasing exit time from the rumen for fiber. When the forage only contains 4% crude protein, Figure 2 projects forage intake of only 1.2% of body weight. Forage intake at this level would cause extreme weight loss. Ignoring

Figure 1. Forage Production in Arizona



Table 1. Range In Crude Protein by MonthBlue Gamma in Arizona

Month of Year	Number of Observations	Crude Protein, %	
January	2	3.94 - 7.55	
February	5	1.58 - 6.9	
March	3	2.57 - 7.3	
April	3	4.55 - 7.9	
May	5	1.92 - 9.3	
June	3	5.59 - 9.0	
July	4	4.45 - 8.6	
August	6	4.42 - 9.43	
September	4	4.76 - 12.5	
October	2	6.0 - 7.4	
November	7	3.03 - 6.7	
December	2	4.5 - 7.13	

1979, 1980-81,1995-96



Figure 2. Effect of Crude Protein on Forage Intake

Adapted from: Cochran, 1995 KSU Range Field Day.

Table 2.Cottonseed Meal Supplementation

Steers Fed 6% Crude Protein in Prairie Hay

Environmental Group	Rumen Digestibility	Forage Intake Increase	Net Effect
Supplemented	57.5%	+ 27%	+ 27% increase in nutrient intake
Control	56.6%		

McCollum and Galyean, 1985 Journal Anim. Sci. 60:570-577.

Table 3. Protein Supplementation with Cottonseed Meal Steers Grazing Tobosa

Amount CSM, Ibs.	Cost/Day (.114¢/lb.)	ADG	Extra Gain with CSM	Profit/Day (.70/Ib. calf)
1985*	*(Crude proteir	*(Crude protein below 7% in July)		
0	0	0.84		
0.75	0.09	0.97	0.13	0
1.5	0.17	1.48	0.64	0.28
1986				
0	0	1.43		
0.75	0.09	1.45	0.02	-0.07
1.5	0.17	1.57	0.14	-0.07
1987				
0	0	2.16		
0.75	0.09	2.38	0.22	0.07
1.5	0.17	2.36	0.20	-0.03

Adapted from Pitts et al., 1992: Journal Range Mgmt. 45:226-231

deficient protein and only considering the energy deficit, weight loss in the above example could exceed 4 lbs. per day.

As a general rule, do not supplement protein when the forage contains greater than 6.25% crude protein (Caton et al., 1988). However, benefits will be gained by protein supplementation when crude protein in forage is low. This principle is illustrated by Tables 2 and 3. In the first example (Table 2), forage intake and overall nutrient intake increased by 27% when steers on a 6% crude protein hay diet received additional protein. In the second example (Table 3), supplementing steers grazing tobosa grass was only beneficial when the forage contained less than 7% crude protein.

Obviously, the only way to decide if you need to supplement crude protein or not is to test forage for protein content. Your local Extension office can provide a list of commercial labs which perform this service. The cost for crude protein and TDN analyses totals around \$18. Alternatively, near infrared spectroscopy (NIRS) analyses can be performed on fecal samples provided the cow's diet does not exceed 30% brush. This service is provided by Texas A & M University Grazingland Animal Nutrition Lab at College Station, TX (phone 409-845-5838).

It should be mentioned that protein supplementation is only effective when an adequate quantity of forage is available. The strategy with supplementing protein is to feed the microbes enough protein to enable the cow to more effectively process and harvest cheap, low quality forage. When forage utilization (removal of available quantity by livestock, wildlife, and insects) exceeds 50% of the total mass, protein supplementation may be ineffective and expensive. In this scenario, it would be more advantageous to feed a combination protein/energy supplement. The next two graphs support this point. In the first graph,

(Figure 3) researchers found that maximum animal gain per acre was achieved when forage utilization was 40 to 50%. Animal performance dropped sharply when forage utilization reached the 60% level. The standard rule of range management for plant health is "to take half and leave half." This is also good animal management. In the second graph (Figure 4), an experiment was conducted with protein supplementation on mid-grass prairie at two different stocking rates. In the heavy stocking rate regime, protein supplementation was not economically sound.

The ideal time to supplement protein in terms of a cow's physiological cycle is 60 to 90 days before calving. This is the time period when maintenance requirements are low and you receive the biggest "bang for your buck" in preventing weight loss and increasing conception rate. In most of Arizona with traditional spring calving, this accompanies the forage winter dormancy period. It is an expensive proposition to try to put on weight after calving, as Mother Nature is working against you. The demands of early lactation induce weight loss which is almost impossible to reverse until after about day 45 to 60 of lactation. It is a more cost effective practice to have the cow maintain or put on weight before calving to provide a safety cushion for weight loss. Table 4 illustrates the importance of having cattle in good body condition at calving.

This research was done with two-yearold cows in LA, OK, and SC, but the results are similar to those in other states. If in spite of your best efforts, cattle are thin at calving, opportunities may exist to "flush" British and Continental cross cattle with better quality pastures and (or) supplements following peak lactation (around 60 to 70 days). This stage of lactation would accompany the forage "summer slump" time period for many Arizona ranching operations. If cattle have sufficient body fat reserves at calving they may safely coast through the summer slump and

Figure 3. Animal Performance and Stocking Rate Upland Blue Grama Range in Colorado



Adapted from: Bement, 1969 Journal of Range Mgmt. 22:83-86.

Figure 4. Effect of Stocking Rate Upon Cottonseed Meal Supplementation



McCollum et al., 1992 Marvin Klemme Range Res. Sta. Report, OK

Table 4. Pregnancy % by Body ConditionScore

Body Condition at Calving	Day 40 of Breeding Season	Day 60 of Breeding Season
4	43 ± 5	56 ± 5
5	65 ± 4	80 ± 4
6	90 ± 9	96 ± 8

Spitzer et al., 1995 Journal of Animal Science 73:1251-1257

maintain acceptable conception rates. However, if cattle are below a body condition score of 4 at breeding time, it may be time to consider using a protein supplement if forage quality is low. Unfortunately, flushing thin cattle following peak lactation does not seem to work for Brahman cross cattle. Research in Australia has shown that lactating Brahman cattle often put the energy obtained from supplements into milk production instead of body fat (Hunter, 1991). This would suggest that the only opportunity one has for increasing fat stores for grazing Brahman cross cattle is before calving.

HOW MUCH SUPPLEMENT TO FEED

The most cost effective method in feeding protein supplements is to supplement what is deficient in the forage (amount of protein required by animal - amount contained in forage). Guidelines for doing this are contained in another article in this guide entitled, Matching Forage Resources with Cow Herd Supplementation. I have listed the maintenance requirements for a 1000 lb. cow in Table 5, but requirements will differ for different size cows. As an example in calculating the amount of protein to supplement, forage crude protein was tested and found to be 4%. For a 1000 lb. nonlactating cow, the amount of protein which needs to be fed was 2.32 lbs. per day and is calculated as follows:

1. Find the daily requirement, which is 1.6 lbs.

	Energy TDN	Protein % in diet or Ibs.	
Nonlactating, Mid-Pregnancy	9.1 lbs.	7.0 or 1.40	
Nonlactating, Last Trimester	11.0 lbs.	7.9 or 1.60	
Early Lactation, 18 lbs. milk	16.5 lbs.	11.0 or 2.24	
Mid-Lactation, 10 lbs. milk	14.0 lbs.	9.6 or 2.00	
Late Lactation, 7 lbs. milk	12.8 lbs.	9.5 or 1.90	

 Table 5. Maintenance Requirements of Range Cattle

(1000 lb. cow)

2001

- Determine the amount contained in forage. If we estimate forage intake to increase to 1.7% of body weight for the supplemented cow, then crude protein in the forage is .68 lbs. (1000 x .017= 17 lbs; 17 x .04 crude protein in forage = .68 lbs. protein)
- Subtract the amount contained in forage from the daily requirement, which gives .92 lbs. of protein which needs to be supplemented.
 (1.6 - .68 = .92 lbs. of protein needed)
- Determine the amount of supplement to feed by dividing the amount of protein needed by the protein content of the supplement. If we feed cottonseed meal (44% crude protein), then we need to feed 2.09 lbs. of cottonseed meal on a dry matter basis. (.92 lbs. protein needed ÷ .44 lbs. protein/lb. cottonseed meal = 2.09 lbs. cottonseed meal)
- Since most protein supplements contain about 10% water, convert feed on a dry matter basis to an "as fed" basis. This would require the feeding of 2.32 lbs. of cottonseed meal per day to meet protein requirements. (2.09 ÷ .9 = 2.32 lbs. cottonseed meal)

The protein could be fed once a week (7 times the daily rate) without harming the cow (Huston et al., 1999). Ruminant animals have an ability to recycle some of the excess nitrogen contained in protein back into the rumen after it is consumed the first time (Owens and Zinn, 1988). Do not feed energy (high grain, protein less than 22%) supplements with less than daily feeding or problems like acidosis and founder can occur.

WHAT KIND OF PROTEIN SUPPLEMENT TO USE

The greatest benefits for protein supplements are usually obtained with high protein of a natural origin (no protein from urea). These type of supplements are also the most expensive to use. A portion of the protein can be obtained from urea in order to cheapen the protein supplement. Too much urea in the supplement can result in reduced intake of the supplement due to palatability problems or urea toxicity if cattle consume too much of the supplement. Recommendations for urea substitution of natural protein will be discussed later.

It is important to know the ideal composition of protein supplements to feed. Although we know very little concerning the ideal amino acid profiles, research has identified the advantage of using supplements with greater crude protein. When five trials in Kansas were summarized, researchers found that increasing crude protein of the supplement from 15 to 22 to 28% resulted in 49% greater forage intake and 22% greater forage digestion (as cited in Paterson et al., 1996). Kansas researchers also found that cattle fed a 13% crude protein supplement lost 193 lbs. over the winter and cattle fed a 39% crude protein ration lost 97 lbs. over the winter (DelCurto et al., 1990).

In stressful situations in which cattle are losing weight, some benefits have been demonstrated by feeding supplements with approximately 40 to 60% of the protein being ruminally undegradable or bypass protein. Feedstuffs high in bypass protein include feather meal, blood meal, corn gluten meal, and fish meal. Due to palatability problems, rendered animal products are usually limited to 25 to 30% of the total supplement and are combined with grain products to increase palatability. Petersen et al. (1996) reported that weight loss has been reduced and conception rates increased in several experiments by feeding bypass protein. However, they reported that bypass protein supplementation only seems to be effective when animals are losing weight. The additional cost per ton for adding bypass protein is around \$50 to \$80.

When urea is substituted for natural protein in the supplement, it is recommended that no more than 30% of the

Table 6. Substitution of Urea for Natural Protein Cows Grazing Winter Tallgrass Prairie

-	-		
ltem	0% CP from urea	15% CP from urea	30% CP from urea
Supplement Intake, lbs.	4.8	4.8	4.8
Wt. gain [28 Nov - 7 Feb]	48	42	14
Wt. gain [28 Nov - 21 Mar (Calving)]	-97	-107	-130
Wt. gain [28 Nov - 27 Apr (Breeding)]	-152	-152	-172
Wt. gain [28 Nov - 5 Oct (Weaning)]	52	62	27
Pregnancy Rate, %	92.6	100	86.2

Koster et al., 1996 KSU Cattemen's Day

crude protein in the supplement come from urea (Köster et al., 1996). Table 6 presents research data from Kansas showing a slight decrease in cow performance when the percentage of crude protein derived from urea was 30%. If forage quality is very low and the supply of forage limited (as in drought) avoid the feeding of any urea at all.

Liquid feed supplements can be expected to have similar results to dry supplements. If the supplement does not contain sufficient protein (less than 22% crude protein) it can be expected to perform as an energy supplement. Usually, energy supplements result in substitution of forage by the supplement and can decrease both forage intake and forage digestibility (Caton and Dhuyvetter, 1997). Urea is often added to liquid supplements to increase crude protein. Modern technology has devised an urea molecule that breaks down more slowly than the urea molecule used in past formulations. This has reduced the danger of urea toxicity for liquid feeds. Assumptions made above for dry feeds on the percentage of urea included in feeds and their effect upon performance are probably valid for liquid feeds also. This is illustrated in Figure 5. Incremental increases in pregnancy rate were achieved by increasing protein of the molasses supplement by urea and then by cottonseed meal plus urea.

Figure 5. Molasses Supplements

3-Year-Old Cows Fed Stargrass Hay (4-6% CP)





Example 1: Deciding Which Supplement to Buy

Supplement A: Fed once/wk (2 lbs./d x 7 = 14 lbs/feeding)
Supplement B: Self fed (2.5 lbs/day)

- Determine protein content of supplements: Supp. A: 44% CP x 2000 lb. = 880 lb. protein Supp. B: 36% CP x 2000 lb. = 720 lb. protein
- 2. Determine the cost/lb. protein: Supp. A: \$228/T or 228 ÷ 880 lb. = \$.26/lb. protein Supp. B: \$260/T or 260 ÷ 720 lb. = \$.36/lb. protein
- Determine the cost of dispensing supplements: Supp. A: \$70/T or 70 ÷ 880 = \$.08/lb. protein Supp. B: \$20/T or 20 ÷ 720 = \$.03/lb. protein
- 4. Determine protein each cow eats each day: Supp. A: 2 lbs. x .44 = .88 lb. protein Supp. B: 2.5 lbs. x .36 = .90 lb. protein
- Determine the cost/cow/day: Supp. A: .88 lbs. protein x (.26 + .08) = \$.34/day Supp. B: .90 lbs. protein x (.36 + .03) = \$.35/day
- 6. Determine the cost for the herd: Supp. A: \$.34 x 60 d x 100 cows = \$ 2040 Supp. B: \$.35 x 60 d x 100 cows = \$ 2100

In a presentation given to the American Feed Industry Association in 1995, J.E. Moore made the following conclusions concerning the use of liquid feeds:

- When forage quality was low, forage intake and average daily gain (ADG) increased, but ADG could still be low or negative.
- 2. When forage quality was high, forage intake decreased, but ADG

increased if supplement contained meal + urea or meal.

- 3. Forage intake decreased if forage intake was greater than 1.75% of body weight.
- Forage intake increased if forage intake was less than 1.75% of body weight.
- 5. Forage intake decreased if supplement intake exceeded .8% of body weight (about 8 lbs. for a 1000 lb. cow).
- 6. Forage intake increased when crude protein of the supplement was greater than 22%.
- 7. Liquid feeds acted similarly to dry supplements for forage intake.

DECIDING WHICH SUPPLEMENT TO BUY

The way to evaluate protein supplement purchases is to calculate the cost of each lb. of protein dispensed. Example 1 illustrates this for one supplement fed once a week at seven times the daily rate vs. another supplement that is self fed.

In Example 1, costs are similar, so a management decision needs to be made. If the producer desired to look at his herd more often, then he might opt for Supplement A. Otherwise, he may wish to use the self-fed supplement.

CONCLUSIONS

- 1. The purpose of protein supplementation is to feed microbes so the cow can harvest more cheap forage.
- 2. Adequate available forage is required for protein supplementation to be effective.
- 3. Forage should be tested to determine if supplementation is needed.
- 4. Young cows respond more favorably to protein supplementation than do older cows.
- 5. If forage is less than 6.25% crude protein (CP), protein supplementation typically increases forage intake, decreases weight loss, and increases conception.

- 6. The optimum time to supplement is 60 to 90 days before calving.
- As a general rule, forage with 4% CP requires about 2 lbs. of cottonseed meal or soybean oil meal per cow per day.
- 8. To avoid hurting animal performance, keep CP by urea less than 30% of the total CP of the supplement.
- 9. Liquid feed functions much like dry protein supplements.
- 10. It is advisable to keep CP in supplements greater than 22% with low quality forage.

LITERATURE CITED

- Bement, R. E. "A Stocking Guide for Beef Production on Blue Grama Range." J. Range Manage. 22(1969):83–86.
- Berg, R. T., and R. M. Butterfield. *New Concepts of Cattle Growth.* Sidney University Press, Australia. 1976.
- Caton, J. S., A. S. Freeman, and M. L. Galyean. "Influence Of Protein Supplementation on Forage Intake, In Situ Forage Disappearance, Ruminal Fermentation and Digesta Passage Rates in Steers Grazing Dormant Blue Grama Rangeland." *J. Anim. Sci.* 66(1988):2262–2271.
- Caton, J. S., and D. V. Dhuyvetter. "Influence of Energy Supplementation on Grazing Ruminants: Requirements and Responses." *J. Anim. Sci.* 75(1997):533–542.
- Cochran, R. C. "Developing Optimal Supplementation Programs for Range Livestock." pp. 58–71. In: *Fifty years of Range Research Revisited.* KSU Range Field Day. Oct. 27, 1995. Manhattan KS.

DelCurto, T., R C. Cochran, L. R. Corah, A. A. Beharka, E. S. Vanzant, and D. E. Johnson. "Supplementation of Dormant Tallgrass-Prairie Forage. II. Performance and Forage Utilization Characteristics in Grazing Beef Cattle Receiving Supplements of Different Protein Concentrations." *J. Anim. Sci.* 68(1990):532–542.

- Hunter, R. A. 1991. "Strategic Supplementation for Survival, Reproduction and Growth of Cattle." pp. 32–47. Proc. Grazing Livest. Nutr. Conf., August 2–3, 1991. Oklahoma State University, Stillwater.
- Huston, J. E., H. Lippke, T. D. A. Forbes, J. W. Holloway, and R. V. Machen. "Effects of Supplemental Feeding Interval on Adult Cows in Western Texas." *J. Anim. Sci.* 77(1999):3057–3067.
- Köster, H. H., R. C. Cochran, K. C.
 Olson, T. J. Jones, E. S. Vanzant, and E. C. Titgemeyer. "Effect of Increasing Urea Level in Protein Supplements on Pperformance by Beef Cows Consuming Low-Quality Tallgrass-Prairie Forage." pp. 46– 48. Ag. Exp. Sta. Rep. of Progress 756, Kansas State Univ., Manhattan, KS. 1996.
- McCollum, F. T., and M. L. Galyean. "Influence of Cottonseed Meal Supplementation on Voluntary Intake, Rumen Fermentation and Rate of Passage of Prairie Hay in Beef Steers." *J. Anim. Sci.* 60(1985.):570–577.
- McCollum, F. T., R. L. Gillen, and C. Worthington. "Performance of Steers Grazing Rangeland at Different Stocking Rates and Supplemented with a High Protein Feed." Marvin Klemme Range Res. Sta., Field Day Rep. p. 8. Oklahoma Agric. Exp. Sta. 1992.
- Moore, J. E., J. G. P. Bowman, and W.
 E. Kunkle. "Effects of Dry and Liquid Supplements on Forage Utilization by Cattle." In: *Proc. AFIA Liquid Feed Symposium.* pp. 81– 95. American Feed Industry Assoc., Arlington, VA. 1995.

NRC,. Nutrient Requirements of Dairy Cattle. (6th Ed.). National Academy Press, Washington, DC. 1989.

Owens, F. N., and R. Zinn. "Protein Metabolism of Ruminant Animals."
In: D. C. Church (Ed.). *The Ruminant Animal: Digestive Physiology and Nutrition.* pp. 227–249.
Prentice-Hall, Englewood Cliffs, NJ. 1988.

Pate, F. M., D. W. Sanson, and R. V. Machen. "Value of a Molasses Mixture Containing Natural Protein as a Supplement to Brood Cows Offered Low Quality Forages." *J. Anim. Sci.* 68(1990):618–623.

Paterson, J. A., R. C. Cochran, and T. J. Klopfenstein. "Degradable and Undegradable Protein Responses of Cattle Consuming Forage-Based Diets." In: M. B. Judkins and F. T. McCollum III (Eds.). Proc. 3rd Grazing Livest. Nutr. Conf. Proc. West. Sec. Amer. Soc. Anim. Sci. 47 (Suppl. 1, 1996.): 94–103.

- Petersen, M. K., D. E. Hawkins, I. Tovar, and L. A. Appeddu. "Improving Rebreeding with Protein Supplements." *Western Beef Producer.* 1st and 2nd Ed. February. 1996.
- Pitts, J. S., F. T. McCollum, and C. M. Britton. "Protein Supplementation of Steers Grazing Tobosa Grass in Spring and Summer." *J. Range Manage.* 45(1992):226–231.
- Spitzer, J. C., D. G. Morrison, R. P. Wettemann, and L. C. Faulkner. "Reproductive Responses and Calf Birth and Weaning Weights as Affected by body Condition at Parturition and Postpartum Weight Gain in Primiparous Beef Cows." *J. Anim. Sci.* 73(1995):1251–1257.
- Sprinkle, J. E. "Matching Forage Resources with Cow Herd Supplementation." Univ. of Arizona Cooperative Extension Publication No. 195023. 8pp. 1996.

¹Area Extension Agent, Animal Science University of Arizona

FROM:

Arizona Ranchers' Management Guide Russell Tronstad, George Ruyle, and Jim Sprinkle, Editors. Arizona Cooperative Extension

Disclaimer

Neither the issuing individual, originating unit, Arizona Cooperative Extension, nor the Arizona Board of Regents warrant or guarantee the use or results of this publication issued by Arizona Cooperative Extension and its cooperating Departments and Offices.

Any products, services, or organizations that are mentioned, shown, or indirectly implied in this publication do not imply endorsement by The University of Arizona.

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, James Christenson, Director, Cooperative Extension, College of Agriculture and Life Sciences, The University of Arizona.

The University of Arizona College of Agriculture and Life Sciences is an Equal Opportunity employer authorized to provide research, educational information, and other services only to individuals and institutions that function without regard to sex, race, religion, color, national origin, age, Vietnam Era Veteran's status, or handicapping conditions.